UB|MD PEDIATRICS

THE PHYSICIANS AT
Oishei Children's Hospital

DIVISION OF ALLERGY/IMMUNOLOGY

Welcome to the Division of Allergy/Immunology. We care for patients with difficult-to-control asthma; allergic rhinitis; allergic conjunctivitis; atopic dermatitis (eczema); food allergies (including food-protein induced enterocolitis (FPIES) and eosinophilic esophagitis); drug allergies; vaccine allergies; latex allergy; hereditary angioedema; chronic urticaria; recurrent infections; and immune deficiency disorders.

Additionally, we provide the following services and procedures:

- Allergy immunotherapy (allergy shots)
- Pulmonary function testing
- Environmental/food allergen skin testing
- Penicillin skin testing
- Oral challenges for food allergies
- Inpatient drug desensitization
- Replacement therapy with intravenous immune serum globulin (IVIG)

Attending Allergists & Advanced Practice Provider

Attendings are members of the faculty at the University at Buffalo and are board certified in both Pediatrics and Allergy/Immunology. They supervise medical students, residents and fellows on the Allergy/Immunology consult service, while also working closely with your primary medical team.

Heather Lehman, MD
Division Chief

Aasha Harish, MD

Shivani Rasalingam, MD

Holly Anderson, CPNP

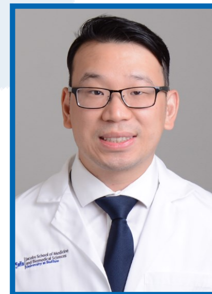
Fellow Physicians

Fellows are fully trained board certified/eligible pediatricians or internists who have chosen to train for an extra two years to become Allergists and Immunologists.

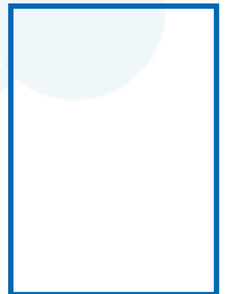
Rahool Dave, MD

Jaspreet Benipal, DO

Viveka De Guerra, MD



Peter Ip, MD



Annamaria Mechtler, MD

Outpatient Centers

Conventus
1001 Main Street, 4th Floor
Buffalo, NY 14203

University Commons
1404 Sweet Home Road, Suite 5
Amherst, NY 14228

Southwestern Office Park
4535 Southwestern Blvd., Suite 712
Hamburg, NY 14075

Contact Information

716.323.0130

716.323.0296

UBMDPediatrics.com

About Us

UBMD Pediatrics is one of 18 practice plans within UBMD Physicians' Group. We provide premier health care to infants, children, adolescents, and young adults throughout Western New York and beyond.

Our doctors make up the academic teaching faculty within the Department of Pediatrics at the Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo and are also the physicians at Oishei Children's Hospital.

UB|MD PEDIATRICS

DIVISION OF ALLERGY/IMMUNOLOGY
1001 MAIN STREET, 5TH FLOOR
BUFFALO, NY 14203
T: 716.323.0130 | F: 716.323.0296

ALLERGY SKIN TESTING: WHAT TO EXPECT AND HOW TO PREPARE

Skin Testing: Skin testing is a way to test for allergic antibodies. Testing can be done to look at environmental, food, venom, and/or medication allergies. A test consists of introducing small amounts of the suspected substance, or allergen into the skin and noting the development of redness or swelling at the test site. The type of skin method performed depends on what type of allergy we are trying to identify. The length of the entire procedure can vary from 45 minutes to a few hours based on the type of testing we are doing.

Skin testing will be administered at the Allergy/Immunology office with a physician or other healthcare professional present since occasional allergic reactions may require immediate therapy.

Medications to Avoid Before Skin Testing:

1. Prescription or over-the-counter oral antihistamines should be **stopped 7 days prior to the scheduled skin testing**. These include over-the-counter sleep medications, cold tablets, sinus tablets, hay fever medications, or oral treatments for itchy skin.
   - Loratidine (Claritin)
   - Cetirizine (Zyrtec)
   - Fexofenadine (Allegra)
   - Diphenhydramine (Benadryl)
   - Hydroxyzine (Atarax)
   - Desloratadine (Clarinex)
   - Levocetirizine (Xyzal)
   - Cyproheptadine (Periactin)
   - Promethazine (Phenergan)
   - Medicines like Actifed, Dimetapp and Tylenol PM all contain antihistamines

2. Prescription or over-the-counter eye antihistamine medications should be **stopped at least 2 days before the testing**.
   - Azelastine (Optivar)
   - Olopatadine (Pataday/Patanol)
   - Ketotifen (Zatidor/Alaway)

3. Prescription or over-the-counter nasal antihistamine medications should be **stopped at least 2 days before the testing**.
   - Azelastine (Optivar)
   - Olopatadine (Patanase)

4. Other prescribed drugs have antihistaminic activity and may affect skin testing. Please tell the Allergy doctor if your child is taking medication for depression, anxiety, seizures, or ADHD, and they can advise you how long prior to testing the medicine will have to be stopped. Do not discontinue these medications on your own without talking with the doctor who prescribed them.

5. Beta-blockers are heart/blood pressure medications which may make rescue medications for allergic reactions ineffective. We cannot skin test when a child is on a beta-blocker. Please

tell the Allergy doctor if your child is on a beta-blocker (Metoprolol, Propranolol, Atenolol, etc.). Do not discontinue these mediations on your own without taking with the doctor who prescribed them.

Please Continue the Following Medications:

1. You may continue your child's nasal steroid sprays.
   - Fluticasone (Flonase)
   - Budesonide (Rhinocort)
   - Mometasone (Nasonex)
   - Triamcinolone (Nasacort)
2. You should continue all of your child's asthma medications including inhaled steroids, bronchodilators, leukotriene antagonists, and theophylline.
   - Fluticasone (Flovent)
   - Budesonide (Pulmicort)
   - Mometasone (Asmanex)
   - Beclomethasone (Qvar)
   - Combination inhalers (Symbicort, Advair, Dulera)
   - Albuterol (Proair, Ventolin, Proventil)
   - Montelukast (Singulair)
   - Theophylline

Most drugs do not interfere with skin testing but make certain that your physician and nurse know about every drug you are taking (bring a list if necessary).

Reasons Skin Testing May be Cancelled or Postponed:

Please call our office to reschedule your appointment if:

- Your child is ill (cold/flu/pneumonia, asthma flare, wheezing, stomach flu).
- Your child needed his/her rescue albuterol inhaler for asthma symptoms in the last 24 hours.
- You were unable to stop allergy or cold medications for the last 7 days
- Your child is pregnant.
- You anticipate possibly having to leave early due to another obligation.

If any of the above situations occur, we will reschedule an appointment for skin testing at a later date. Please call our office at **716.323.0130** if you have any additional questions.

UB|MD PEDIATRICS

SERVICES FORM

PATIENT NAME: ____

PHONE #: ____

SECONDARY PHONE #: ____

E-MAIL ADDRESS: ____

EMERGENCY CONTACT INFORMATION (i.e. SPOUSE, GRANDPARENT, FRIEND)

EMERGENCY CONTACT NAME: ____

PHONE #: ____

RELATIONSHIP TO CHILD: ____

RACE (PLEASE CHECK)

_____ BLACK AFRICAN AMERICAN

_____ ASIAN AMERICAN

_____ AMERICAN INDIAN, ALASKA NATIVE

_____ CAUCASIAN

_____ NATIVE HAWAIIAN, OTHER PACIFIC ISLANDER

_____ UNKNOWN

_____ OTHER (PLEASE SPECIFY): ____

ETHNICITY (PLEASE CHECK ONE)

_____ HISPANIC OR LATINO

_____ NOT HISPANIC OR LATINO

_____ UNKNOWN

PRIMARY LANGUAGE (PLEASE CHECK ONE)

_____ ENGLISH

_____ BURMESE

_____ SPANISH

_____ RUSSIAN

_____ OTHER (PLEASE SPECIFY): ____

UB|MD PEDIATRICS

Date: ____________________

CONSENT FOR TREATMENT

Patient Name: ____

Parent or Guardian (if patient is under 18): ____

I hereby voluntarily consent to and/or authorize the performance of medical examinations, treatments, diagnostic procedures, blood tests, and/or laboratory procedures, which the doctor(s) in attendance at the UBMD PEDIATRICS OUTPATIENT CENTER considers medically necessary and/or appropriate.

I acknowledge that no guarantees have been made as to the effect of such examinations or treatments on my or my child's condition.

This consent will remain in effect for as long as the patient remains a client of the UBMD Pediatrics Outpatient Center.

________________________________	________________________________
Patient or Parent/Guardian Signature	Parent/Guardian Relationship to Patient
________________________________	________________________________
Witness	Date

UB|MD PEDIATRICS

ACKNOWLEDGEMENT OF RECEIPT

NOTICE OF PRIVACY PRACTICES

By signing below, I acknowledge that I have been provided a copy of UBMD Pediatrics' Notice of Privacy Practices.

____
Signature

____
Name or Personal Representative

____
Date

____
Relationship to Patient

**************************************FOR OFFICE USE ONLY**

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but acknowledgement could not be obtained because:

______ Individual refused to sign

______ Communication barriers prohibited obtaining the acknowledgement

______ Emergency situation prevented us from obtaining acknowledgement

______ Other (Please specify: ____)

UB|MD PEDIATRICS

HIPAA
(Health Insurance Portability and Accountability Act)
AUTHORIZATION TO SHARE PHI
Disclosure of Protected Health Information

You have a right to request that we share certain information about your health care with family members or friends that may be involved in your care. You may also request limitations on how we disclose information about you to family or friends involved in your care. We will not share information such as test results, prescription refills, or appointments with anyone unless you authorize us to do so. Please indicate below with whom we may share certain health information. You also have the right to revoke this authorization, in writing, at any time.

PATIENT INFORMATION

Patient Name: ____ DOB _____/_____/_____

Telephone (daytime): ______________________________ (evening): ______________________

AUTHORIZATION REQUESTED (With whom can we share health information?)

Name: ____ Relationship: ___________________

Name: ____ Relationship: ___________________

Name: ____ Relationship: ___________________

WHAT KIND OF HEALTH INFORMATION ARE YOU AUTHORIZING US TO SHARE?

Please place an X next to the information that can be shared:

_____ Make appointments for me
_____ Test results can be shared
_____ Call for prescription refills
_____ My overall health status

Other (Please specify: ____)

NOTIFICATIONS

With my consent, UBMD Pediatrics may call my home or other designated location, including those listed on my demographic page, and leave a message on voicemail, answering machine or in person in reference to items, such as appointment reminders, insurance information. Any restrictions are listed below:

____

PATIENT UNDERSTANDING AND SIGNATURE

By signing below I am authorizing UBMD Pediatrics to share the indicated health information with those listed above.

____
Signature

____
Patient Name or Personal Representative

____
Description of Personal Representative's Authority

____
Date

UB|MD PHYSICIANS' GROUP

MyUBMD
Pediatric Proxy Access Request

Please read this form carefully before signing. This authorization will permit your healthcare provider to release portions of your electronic medical record information to you, as a parent or legal guardian. The use of MyUBMD Patient Portal powered by FollowMyHealth is voluntary.

As a proxy for your child (ages 0-12 years), you will have access to his/her medical record and the ability to send messages to providers, refill prescriptions and request appointments.

As a proxy for your child (ages 13-17 years), you will only have the ability to send messages to providers, refill prescriptions and request appointments. New York State law requires that your child's healthcare providers keep information about certain protected health conditions confidential even from you. As part of our compliance with this law, we refrain from passing medical record updates from your child's record after he/she reaches the age of 13.

On your child's 18th birthday, he/she will be able to create his/her own account to have access to his/her own medical record. On your child's 18th birthday, the parent or legal guardian will only be able to access historical data and can no longer message providers.

Both parents/legal guardians are allowed to have access to the FollowMyHealth patient portal. Please note that the patient's information will be accessed through your MyUBMD account.

Return completed forms to the healthcare provider from whom this form was obtained.

Child's Information (All sections required—Please print clearly.)

Patient's Name (last, first, middle initial): ______________________________ DOB: ____/____/____

Street Address: ______________________ City: ______________ State: _____ Zip: __________

Phone Number: (______)______________ Email: ______________________________

Your (Proxy) Information (All sections required—Please print clearly.)

Your Name (last, first, middle initial): ______________________________ DOB: ____/____/____

Street Address: ______________________ City: ______________ State: _____ Zip: __________

Phone Number: (______)______________ Email: ______________________________

Relationship to Patient (Circle one): Parent Guardian

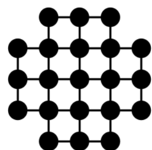
FollowMyHealth Terms and Conditions: I certify that I am the birth/adoptive parent or legal guardian of the individual listed above and that all information I have provided is correct.

______________________________/______________________________/________________

Your (Proxy) Signature Relationship to Patient Date

The use of MyUBMD is governed by the FollowMyHealth Proxy Terms and Conditions of Use, a copy of which may be accessed when you sign in to your FollowMyHealth account and whose terms are incorporated herein. By signing above, you agree to be bound by the FollowMyHealth Proxy Terms and Conditions of Use. If, for any reason, you do not agree to be bound by the FollowMyHealth Proxy Terms and Conditions of Use, FollowMyHealth proxy access will immediately be terminated. Following termination, you have the right to request in writing health information which you are legally entitled to access in accordance with New York law. If, at any time after proxy access is granted, your relationship to the patient changes such that you no longer have the legal right to access his/her health information, you will immediately cease accessing any information regarding the patient in FollowMyHealth chart and notify your healthcare provider's office of the change of circumstances.

SECURITY CODE/PASSWORD IS PATIENT'S BIRTH YEAR: ______________



UB|MD
PHYSICIANS' GROUP

MyUBMD
Adult Proxy Access Request

Please read this form carefully before signing. This authorization will permit your healthcare provider to release portions of your electronic medical record information to the person listed on page 1 of this form. I understand that the use of MyUBMD Patient Portal powered by FollowMyHealth is voluntary. I am not required to use MyUBMD or authorize a proxy.

This form is an authorization that will permit your healthcare provider to release your (patient) electronic medical record information to the adult you have designated and authorized to access your MyUBMD FollowMyHealth account. You have the opportunity to opt out of or revoke the access at any time.

To request access to the record of an adult through MyUBMD, please complete this form. The patient whose information you are requesting to access must sign this form. Please note that the patient's chart will be accessed through your MyUBMD account.

Return completed forms to the healthcare provider from whom this form was obtained.

Patient's Information (All sections required—Please print clearly.)

Patient's Name (last, first, middle initial): ______________________________ DOB: ____/____/____

Street Address: ______________________ City: ____________ State: _____ Zip: __________

Phone Number: (______)______________ Email: ______________________________

Your (Proxy) Information (All sections required—Please print clearly.)

Your Name (last, first, middle initial): ______________________________ DOB: ____/____/____

Street Address: ______________________ City: ____________ State: _____ Zip: __________

Phone Number: (______)______________ Email: ______________________________

Access Level (Circle one): Full Access Read Only

FollowMyHealth Terms and Conditions: I hereby designate the person named above as my FollowMyHealth proxy, thereby allowing him/her access to my FollowMyHealth medical record.

______________________/______________________/______________
Signature of Patient or Authorized Person | Relationship to Patient | Date

______________________/______________________/______________
Your (Proxy) Signature | Relationship to Patient | Date

The use of MyUBMD is governed by the FollowMyHealth Proxy Terms and Conditions of Use, a copy of which may be accessed when you sign in to your FollowMyHealth account and whose terms are incorporated herein. By signing above, you agree to be bound by the FollowMyHealth Proxy Terms and Conditions of Use. If, for any reason, you do not agree to be bound by the FollowMyHealth Proxy Terms and Conditions of Use, FollowMyHealth proxy access will immediately be terminated. Following termination, you have the right to request in writing health information which you are legally entitled to access in accordance with New York law. If, at any time after proxy access is granted, your relationship to the patient changes such that you no longer have the legal right to access his/her health information, you will immediately cease accessing any information regarding the patient in FollowMyHealth chart and notify your healthcare provider's office of the change of circumstances.

SECURITY CODE/PASSWORD IS PATIENT'S BIRTH YEAR: ______________

UB|MD PEDIATRICS

FINANCIAL POLICY

We are committed to providing you with the best care, and we are happy to discuss our professional fees with you at any time. Your clear understanding of our financial policy is important. Please ask if you have any questions about our fees, financial policy, or your responsibilities.

At the time of service, **ALL PATIENTS** must present the following documentation:

1. PATIENT'S current insurance card

2. In accordance with HIPAA regulations, we maintain the right to request social security numbers; however, you have the right to decline to give the information.

Our receptionists will ask you to verify information at each visit. You will also be asked to confirm current address and phone number. We accept **CASH, PERSONAL CHECKS, MONEY ORDERS, VISA, & MASTERCARD** for all out-of-pocket expenses which include copayments, deductibles, and balances due. These expenses cannot legally be waived by our practice, as it is part of the contract between you and your carrier.

1. **INSURANCE PROGRAMS THAT CONTRACT DIRECTLY WITH US:** Blue Cross/Blue Shield, Independent Health, Univera, United HealthCare, Medicare, Medicaid, Community Care, Medisource, Your Care, and Fidelis.

   - You are responsible for understanding the policy you have chosen and for providing our office with all necessary billing information.

   - COPAYMENT IS REQUIRED AT THE TIME OF YOUR VISIT. If you do not have your copayment at the time of your visit, you may be asked to reschedule your appointment.

2. **IF YOU DO NOT HAVE INSURANCE OR BELONG TO AN INSURANCE PROGRAM THAT DOES NOT CONTRACT DIRECTLY WITH US, YOU WILL BE EXPECTED TO PAY THE FOLLOWING FEES AT THE TIME OF SERVICE:**

   - $256 as a down payment for a visit as a NEW patient. Depending on the level of services you received, you may owe more or less than this amount. If you do not have this payment at the time of service, you may be asked to reschedule your appointment. At the time of service, our financial policy and the amount due should be explained to you and noted on your registration.

     PLEASE NOTE: The first time consulting with a sub-specialist is considered a new visit, even if your child may have received a consultation from another UBMD Pediatrics sub-specialty in the past.

   - $78 for a visit as an ESTABLISHED patient. Depending on the level of services performed, you may owe more or less than this amount. If you do not have this payment at the time of service, you may be asked to reschedule your appointment. Our financial policy and the

amount due at the time of service should be explained to you and noted on your registration.

If the total charges for the date of service are more than what you paid at the time of service you will be responsible for the difference.

If the total charges are less than what you paid at the time of service you will be refunded the difference within 30 days.

If UBMD Pediatrics does not contract directly with your insurance company, the Billing Department will submit a courtesy claim to your insurance company. You will need to contact your insurance company to ensure prompt payment. The balance will remain your obligation.

PLEASE NOTE: A $30 fee will be applied for ALL RETURNED CHECKS.

3. MEDICAID MANAGED CARE AND MEDICAID PROGRAMS

- Every Managed Care/Medicaid patient must show a current Medicaid card at the time of service.

- If your insurance plan requires a current referral, you are required to provide our office with a current referral PRIOR to your appointment date. IF YOU DO NOT PROVIDE US WITH THIS INFORMATION, YOUR APPOINTMENT MAY BE RESCHEDULED.

4. APPOINTMENT CANCELLATION POLICY

We require a 48-hour notice of cancellation for all scheduled appointments. If you fail to notify this office, you may be charged $35.

You will receive a billing statement for balances that are not paid. Payment is expected upon receipt of statement. Accounts with outstanding balances will be forwarded to our collection agency as necessary.

If unusual circumstances make it impossible for you to meet the terms of this financial policy, please discuss your account with our business office by calling 716.932.6060 ext. 102. This will avoid misunderstandings and enable you to keep your account in good standing.

We are not party to any legal agreement between divorced or separated parents. Any financial arrangements between divorced or separated parents must be worked out between those parties.

I HAVE READ AND UNDERSTAND THE ABOVE POLICIES, AND I AGREE TO ACCEPT RESPONSIBILITY FOR ANY FINANCIAL OBLIGATIONS INCURRED.

_______________________________________   ___________________________

Signature   Date

NOTICE

TO REDUCE THE EXPOSURE TO FOOD ALLERGIES, *ALL* FOOD & DRINKS ARE RESTRICTED IN OUR WAITING & EXAM ROOMS

(Baby & water bottles are allowed).

THANK YOU FOR KEEPING OUR PATIENTS SAFE!

UB|MD PEDIATRICS